



Information to Competitors

Congratulations on signing up to this year's Royal Windsor 10km River Trail Run.

In order to make your race day go as smoothly as possible, please take the time to read the following instructions very carefully. If you have any questions please do not hesitate to contact the event organisers on enquiries@f3events.co.uk

Event Location

Alexandra Gardens, Barry Avenue, Windsor, Berkshire, SL4 1QX

How To Get There

The Royal Borough of Windsor and Maidenhead is just 30 miles west of London with Heathrow Airport just 15 minutes' drive away. Luton and Gatwick airports are within an hour's drive. The whole of the Royal Borough is easily accessible via the major motorway networks of the M3, M4, M25 and M40 and is well served by public transport.

By Train

Windsor is served by two train stations, Windsor & Eton Central and Windsor & Eton Riverside.

London Waterloo to Windsor & Eton Riverside

London Paddington to Windsor Central

Parking

PLEASE NOTE: THERE IS NO OFFICIAL CAR PARK FOR THE EVENT.

If you are traveling to the event by car please be aware there may be traffic coming into the centre of town so please take this into consideration when planning your journey on the day. There are lots of car parks in the centre of town close to the venue where you will be able to park for the event.

Baggage Drop

Baggage drop will be in the main event marquee in Alexandra Gardens where you will be able to leave your belongings during the event.



BAGGAGE DROP £5 PER BAG



NOTE: CASH ONLY - Please bring the correct £5 change to avoid any queues and delays.

Timings

Please note that event timings are non-negotiable! We ask you to be in the right place at the right time.

Timings will proceed as follows, with or without you!

SATURDAY		
1pm – 5pm	Registration Open	Alexandra Gardens
SUNDAY	Event Day	Alexandra Gardens
06:00 – 08:45	Event Village Open/Registration Open	Alexandra Gardens
08:50	Event Briefing.	Brocas Riverside
09:00	10KM Event starts	Brocas Riverside
Circa 10.00	First Participant Scheduled to Finish	Alexandra Gardens
11:00	Prize Presentation	Alexandra Gardens

Registration

Registration will be open on the following days:

Saturday 18th May : 1pm – 5:00pm

Sunday 19th May : 6:00am – 8:45am



COLLECT BIBS AT REGISTRATION



The timing chip is attached to the back of your race number. The race number is the only thing you will need to start your event.

Race Registration is located by the Main Tent in Alexandra Gardens, Barry Avenue.

1. Race number to be worn on the front. This will aid event officials to identify you, plus allow our official timekeepers.

2. Timing chip. The timing chip is attached to the back of your race number, attach this to your front then you will be ready to race. **Do not alter your race number in any way as this may affect the timing chip.** Timing chips systems are used at all of our events, but you will be notified on the day of the event if there has been a technical problem.

NOTE: It is advisable to arrive at least one hour before your start time. This then gives you plenty of time to understand the layout of the event and take in the event atmosphere.

Race Briefing

The event briefing will be held at 8:50am by the start area and will give any updates or announcements about the event.

The Run Route

The map below is a bird's eye view of one of the most scenic and tranquil run routes in the Thames Valley.

The route follows a scenic trail path along the River Thames heading towards Maidenhead

Drinks Stations will be located at KM 3.5 & 7.5 where participants can pick up some energy & quench their thirst.



We look forward to seeing you at the event and hope your training goes well. And of course, good luck on the day!

We always welcome any constructive feedback in order to continually improve our races. If after the event you wish to communicate your thoughts to us please do so via enquiries@f3events.co.uk

Thanks

F3 Team