



Information To Competitors

Congratulations on rising to the challenge and participating in the Conquer the Chilterns River Swim.

In order to make your race day go as smoothly as possible, please take the time to read the following instructions very carefully. If you have any questions please do not hesitate to contact the event organisers on enquiries@f3events.co.uk.

Event Location

Hambleton Estate, Culden Faw, Fawley, Henley on Thames, RG9 3AP

[Click here for directions](#)

Car Parking

Car parking is available onsite and free for both participants and spectators.

When you arrive onsite a marshal will help direct you to the next parking space. When you have parked your car please make your way to the main event marquee for registration.

Timings

Please note that event wave timings are non-negotiable! We ask you to be in the right place at the right time.

Timings will proceed as follows, with or without you!

SUNDAY	RACE DAY
07:30 – 11:00	Event Car Park & Village Open
07:30	Athletes Registration
08:15	ALL Distances Race Briefing
08:30	1.5km & 3.0km Swim Start
Circa 10:00	Prize Presentation

Race Registration

On arrival at the venue you must register for your race, report your name and which race you are doing (1.5km or 3.0km) to the registration staff. You will then receive:

1. Swim hat. You must wear the issued swim hat for identification.
2. Race number written on your hand. Staff will write your number in permanent marker.
3. Timing chip. This is supplied with a secure strap to go around your ankle.

(DO NOT WEAR THE TIMING CHIP ON YOUR WRIST! ONLY TO BE WORN ON YOUR ANKLE)

DO NOT LOSE YOUR TIMING CHIP as you will be charged £10 if lost. Any discrepancies will be dealt with at the end of the event when all other race kit has been removed from the registration area.

Race Briefing

It is mandatory to attend the race briefing relevant to your event. This is held up to 15 minutes before the start time. You must attend these in your wetsuit / swim wear with your swim hat and goggles ready to start the race immediately after the briefing. The briefing will be held in the swim entry area.

The Swim

The swim is designed for every type of swimmer from beginners to experienced competitors.



Wetsuits are compulsory, and must be fit for purpose, unless the water temperature is above 21.5 degrees. They must also be within the terms & conditions of the event, as set out by the Event Organisers under BTF rules & regulations.

If you need to hire a wetsuit visit – www.hireawetsuit.co.uk

Hire^{.co.uk}**awetsuit**
YOUR PREMIER WETSUIT DEALER

We look forward to seeing you at the event and hope your training goes well.
And of course, good luck on the day!

Martyn Edwards
Event Director